



# L'ETO

## BREAKFAST MENU

 letocaffe  summergoeson  LetoCaffe

### BOOSTER SHOTS

**WHEATGRASS, apple, mint £4.50**  
Antioxidant & detoxifier

**CHARCOAL, blueberry, orange £4.50**  
Invigorating cleansing for your body

**TURMERIC, orange, carrot, ginger £4.50**  
Anti-inflammatory & anti-cancer agent

**GINGER, lemon, honey £4.50**  
Your daily dose of vitamins and minerals

**SEMOLINA PORRIDGE,  
strawberry and almond  
£7.90**

**OUR GRANOLAS: quinoa or classic £8.90**

served with berries and choice  
of yoghurt (coconut or plain)

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**AUSTRALIAN AVOCADO RYE BREAD tartine  
£7.90**

**HERB CURED SALMON tartine  
£11.90**

**FRENCH TOASTS,  
fresh caramelised plums, bananas  
£8.90**

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**NUTELLA CRÊPES, fresh berries £8.90**

**MASCARPONE CRÊPES, fresh strawberry  
& banana £8.90**

**BUCKWHEAT AND BERRIES PANCAKES,  
agave syrup homemade yogurt £12.90**  
Sugar & gluten free  
*/for coconut yoghurt £1 supplement/*

**CHIA SEED PANCAKES,  
strawberry, banana £10.90**

**STRAWBERRY AND BLUEBERRY PANCAKES,  
blueberry, vanilla cream £8.90**

### CLASSICS

**EGGS ANY STYLE served with toast, avocado,  
datterini tomatoes, rocket salad £9.90**

**SOFT BOILED EGGS on milk bread toast,  
butter £8.90**

**EGGS BENEDICT 10.90**  
turkey or ham

**EGGS ROYALE £12.50**  
herb cured salmon

**RED SHAKSHOUKA £12.50**

### REGIONAL BREAKFASTS £13.50

**ITALIAN:**  
pugliese burrata, scrambled eggs, oyster  
mushrooms, sourdough toast, tomatoes

**ASIAN:**  
sesame scrambled eggs, yuzu avocado,  
seaweed, oyster mushrooms on crispy toast

**CALIFORNIAN:**  
corn tortillas, eggs, chille, pico de  
gallo, guacamole, queso fresco

**L'ETO:**  
eggs any style, avocado rye tartine,  
roasted turkey OR prosciutto, mushrooms,  
tomatoes

Please inform your waiter if you are allergic to any food items before you order - we can't guarantee the absence of allergens in our dishes, due to being produced in a kitchen that contains allergens