

L'ETO

BREAKFAST MENU

 letocaffe  summergoeson  LetoCaffe

BOOSTER SHOTS

WHEATGRASS, apple, mint £4.50
Antioxidant & detoxifier

TURMERIC, orange, carrot, ginger £4.50
Anti-inflammatory & anti-cancer agent

CHARCOAL, blueberry, orange £4.50
Invigorating cleansing for your body

GINGER, lemon, honey £4.50
Your daily dose of vitamins and minerals

**SEMOLINA PORRIDGE,
strawberry and almond
£7.90**

OUR GRANOLAS: quinoa or classic £8.90

served with berries and choice
of yoghurt (coconut or plain)

**CRAB, AVOCADO, LOBSTER, CILANTRO,
WASABI bread tartine £15.90**

**AUSTRALIAN AVOCADO RYE BREAD tartine
£7.90**

HERB CURED SALMON tartine £11.90

**FRENCH TOASTS,
fresh caramelised plums, bananas
£8.90**

NUTELLA CRÊPES, fresh berries £8.90

**MASCARPONE CRÊPES, fresh strawberry
& banana £8.90**

**BUCKWHEAT AND BERRIES PANCAKES,
agave syrup homemade yogurt £12.90**
Sugar & gluten free
/for coconut yoghurt £1 supplement/

**CHIA SEED PANCAKES,
strawberry, banana £10.90**

**STRAWBERRY AND BLUEBERRY PANCAKES,
blueberry, vanilla cream £8.90**

CLASSICS

**EGGS ANY STYLE served with toast, avocado,
datterini tomatoes, rocket salad £9.90**

**SOFT BOILED EGGS on milk bread toast,
butter £8.90**

EGGS BENEDICT 10.90
turkey or ham

EGGS ROYALE £12.50
herb cured salmon

RED SHAKSHOUKA £12.50

REGIONAL BREAKFASTS £13.50

ITALIAN:
pugliese burrata, scrambled eggs, oyster
mushrooms, sourdough toast, tomatoes

ASIAN:
sesame scrambled eggs, yuzu avocado,
seaweed, shiitake mushrooms on crispy toast

ARABIC:
aubergines yoghurt, halloumi cheese, eggs,
hummus, flat bread, fava beans, tomatoes

CALIFORNIAN:
corn tortillas, eggs, chille, pico de
gallo, guacamole, queso fresco

L'ETO:
eggs any style, avocado rye tartine, roasted
turkey OR prosciutto, mushrooms, tomatoes

Please inform your waiter if you are allergic to any food items before you order - we can't guarantee the absence of allergens in our dishes, due to being produced in a kitchen that contains allergens